

PEREGRINE SCHOOL

March 2024 Snack Menu (West)

Known allergens are noted in red. For questions, please see Chef Finley or email <u>finley@peregrineschool.org</u>

³ Oatmeal and Fruit Vegan	4 Bagels and Cream Cheese and Fruit <i>Vegan</i> Wheat (Bagels) and Dairy (Cream Cheese)	⁵ Smoothie Bowl and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie) and Wheat (Graham Crackers)	⁶ Sunbutter Sandwiches and String Cheese Vegetarian Wheat (Sandwiches) and Dairy (String Cheese)	7 Lemon Poppyseed Muffins and Bananas Vegan Wheat and Soy (Muffins)
10 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	11 Cheese Cubes and Wheat Crackers <i>Vegetarian</i> Whear (Crackers) and Dairy (Cheese)	12 English Muffins with Jam and Fruit Vegetarian Dairy and Wheat (English Muffins)	13 Hummus and Pita Chips and Fruit Vegan Legumes and Sesame (Hummus)	14 Chocolate Zucchini Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
¹⁷ Smoothie Bowl and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie) and Wheat (Graham Crackers)	18 Bagels and Cream Cheese and Fruit <i>Vegan</i> Wheat (Bagels) and Dairy (Cream Cheese)	19 Yogurt and Graham Crackers Vegetarian Dairy (Smoothie) and Wheat (Graham Crackers)	20 Cheese Cubes and Wheat Crackers Vegan Dairy (Cheese Cubes) and Wheat (Crackers)	21 Blueberry Muffins and Bananas Vegan Wheat and Soy (Muffins)
²⁴ NO SCHOOL	²⁵ NO SCHOOL	²⁶ NO SCHOOL	²⁷ NO SCHOOL	²⁸ NO SCHOOL
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3 Mac and Cheese Vegetarian Veggie Fruit Wheat and Dairy (Mac and Cheese)	4 BBQ Chicken Sandwich Vegetarian BBQ Chicken Veggie Fruit Wheat (Buns)	5 Mongolian Beef Mongolian Tofu Rice Veggie Fruit Soy (Beef and Tofu)	6 Bean and Cheese Burritos Vegetarian Veggie Fruit Wheat and Dairy (Burritos)	7 Chicken Quesadillas Cheese Quesadillas Veggie Fruit Wheat and Dairy (Quesadillas)
10 Pesto Pasta <i>Vegetarian</i> Shredded Parmesan Veggie Fruit Wheat (Pasta) and Dairy (Shredded Cheese)	11 Sunbutter and Jelly Sandwiches Veggie Fruit Wheat (Bread)	12 Sweet and Sour Chicken Sweet and Sour Tofu Rice Veggie Fruit Wheat and Soy (Wontons/Potstickers)	13 Pizza <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Pizza)	14 Ground Turkey Tacos <i>Tacos de Papa</i> Shredded Cheese Veggie Fruit Wheat (Tortillas) and Dairy (Shredded Cheese)
17 Alfredo Pasta Vegetarian Broccoli Grapes Wheat and Dairy (Pasta)	18 Chicken Quesadillas <i>Cheese Quesadillas</i> Veggie Fruit Wheat and Dairy (Quesadillas)	19 Bibimbap Beef Bibimbap Tofu Rice Veggie Fruit Soy (Beef and Tofu)	20 Bean and Cheese Burritos Vegetarian Veggie Fruit Wheat and Dairy (Burritos)	21 Butter Pasta and Meatballs Butter Pasta Shredded Parmesan Cauliflower Oranges Wheat and Dairy (Butter Pasta)
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NO SCHOOL		