



February 2025 Snack Menu (West)

Known allergens are noted in *red*. For questions, please see Chef Finley or email

finley@peregrineschool.org

3 Oatmeal and Fruit <i>Vegan</i>	4 Cheese Cubes and Wheat Crackers <i>Vegan</i> Dairy (Cheese Cubes) and Wheat (Crackers)	5 Hummus and Pita Chips and Fruit <i>Vegan</i> Legumes and Sesame (Hummus)	6 Bagels and Cream Cheese <i>Vegan</i> Wheat (Bagels) and Dairy (Cream Cheese)	7 Lemon Poppyseed and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
10 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	11 Smoothie Bowl and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie) and Wheat (Graham Crackers)	12 Sunbutter Sandwiches and String Cheese <i>Vegetarian</i> Wheat (Sandwiches) and Dairy (String Cheese)	13 English Muffins with Jam and Fruit <i>Vegetarian</i> Dairy and Wheat (English Muffins)	14 Chocolate Zucchini and Bananas <i>Vegan</i> Wheat and Soy (Muffins)
NO SCHOOL	18 Bagels and Cream Cheese <i>Vegan</i> Wheat (Bagels) and Dairy (Cream Cheese)	19 Yogurt and Graham Crackers <i>Vegetarian</i> Dairy (Smoothie) and Wheat (Graham Crackers)	20 Blueberry Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)	21 Cheese Cubes and Wheat Crackers <i>Vegan</i> Dairy (Cheese Cubes) and Wheat (Crackers)
24 Applesauce and Wheat Thins <i>Vegan</i> Wheat (Wheat Thins)	25 Sunbutter Sandwiches and String Cheese <i>Vegetarian</i> Wheat (Sandwiches) and Dairy (String Cheese)	26 English Muffins with Jam and Fruit <i>Vegetarian</i> Dairy and Wheat (English Muffins)	27 Oatmeal and Fruit <i>Vegan</i>	28 Chocolate and Banana Muffins and Bananas <i>Vegan</i> Wheat and Soy (Muffins)



**PEREGRINE
SCHOOL**

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<p>3 Pesto Pasta <i>Vegetarian</i> Shredded Parmesan Veggie Fruit Wheat (Pasta) and Dairy (Shredded Cheese)</p>	<p>4 Bean and Cheese Burritos <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Burritos)</p>	<p>5 Mongolian Beef <i>Mongolian Tofu</i> Rice Veggie Fruit Soy (Beef and Tofu)</p>	<p>6 Pizza <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Pizza)</p>	<p>7 Chicken Wontons <i>Veggie Potstickers</i> Rice Veggie Fruit Wheat and Soy (Wontons/Potstickers)</p>
<p>10 Mac and Cheese <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Mac and Cheese)</p>	<p>11 Chicken Enchilada Casserole <i>Cheese Enchilada Casserole</i> Veggie Fruit Diary (Enchilada Casseroles)</p>	<p>12 Turkey Chili <i>Vegetarian Chili</i> Veggie Fruit Legumes (Chili) and Wheat (Cornbread)</p>	<p>13 Quesadillas <i>Vegetarian</i> Guacamole Veggie Fruit Wheat and Dairy (Quesadillas)</p>	<p>14 Grilled Cheese and Tomato Soup <i>Grilled Cheese</i> Veggie Fruit Wheat (Grilled Cheese and Soup) and Dairy (Grilled Cheese)</p>
<p>NO SCHOOL</p>	<p>18 Spaghetti <i>Vegetarian</i> Shredded Parmesan Veggie Fruit Legumes (Spaghetti) and Dairy (Shredded Cheese)</p>	<p>19 Orange Chicken <i>Orange Tofu</i> Rice Veggie Fruit Soy (Lemon Sauce and Tofu)</p>	<p>20 Bean and Cheese Burritos <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Burritos) Allergen</p>	<p>21 Pizza <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Pizza)</p>
<p>24 Alfredo Pasta <i>Vegetarian</i> Veggie Fruit Wheat and Dairy (Pasta)</p>	<p>25 Ground Turkey Tacos <i>Tacos de Papa</i> Shredded Cheese Veggie Fruit Wheat (Tortillas) and Dairy (Shredded Cheese)</p>	<p>26 Chicken Pozole <i>Vegetarian Pozole</i> Tortilla Chips Veggie Fruit</p>	<p>27 Butter Pasta and Meatballs <i>Butter Pasta</i> Shredded Parmesan Veggie Fruit Wheat and Dairy (Butter Pasta)</p>	<p>28 Cheese Burgers <i>Veggie Burgers</i> Fries and Ketchup Veggie Fruit Wheat and Dairy (Cheeseburgers)</p>